Bike for a Better Commute

get there oregon

Enjoy an active, more affordable commute!

Join the movement and start commuting to work by bike! Pedal past traffic, get an active start to your day, and save money on commuting costs.

Learn more at **GetThereOregon.org**

Questions? Contact us at **info@GetThereOregon.org**



Bike Commuting Benefits:

- Get **active** with increased physical activity
- **Reduce stress and boost** your mental health and energy
- **Save money** on gas, vehicle maintenance, and parking
- **Cut** your carbon footprint
- **Explore your community** in a new way

Bike Commuting Tips:

- **Dust off your bike** or **find one** that fits your needs
- **Plan and practice** your route using tools like **Get There Connect** and **Google Maps**
- **Read up** on bicycle safety and the rules of the road
- Be sure to do a basic bike check **before heading out**
- Give yourself some **extra time**

Use Oregon's free online **Get There Connect** tool and app to track your stats, join challenges, earn rewards, and explore commute options.

Download the app:

Apple Store

Google Play