



What are the benefits of bike share? Bike share promotes community health, connectivity, and livability. Biking just 30 minutes per day can reduce the risk of heart disease by 82% and the risk of diabetes by up to 58%.<sup>1</sup>

## **PEDAL CORVALLIS**

The Pedal Corvallis community bike share program launched in 2016 and is available to anyone age 18 and over. The program is a collaboration between the region's Medicaid provider — the InterCommunity Health Network Coordinated Care Organization (IHN-CCO) and the Oregon Cascades West Council of Governments (OCWCOG).

Pedal Corvallis is a network of eight stations, over 40 bicycles, and two adult tricycles throughout Corvallis; members can check out and return bikes at any station. Medicaid members are eligible for a free pass (covering all rides up to two hours) and a free helmet. Two of the bike share stations are located on the Oregon State University (OSU) campus, and are sponsored by OSU. Learn more at www.OCWCOG.org/Pedal We want to be purposeful in reaching Medicaid members with this program. IHN-CCO recognizes the social determinants of health that go beyond access to doctors, and we want to make sure we support their efforts."

- Phil Warnock, Community and Economic Development Director, OCWCOG

 Life@OSU. "Pedal Corvallis expanding to OSU this spring: Launch scheduled for Earth Day Celebration." April 18, 2017. Retrieved from http:// oregonstate.edu/dept/ncs/lifeatosu/2017/pedal-corvallis-expanding-to-osu-this-spring-launch-scheduled-for-earth-day-celebration/.
ODOT. "Pedal Corvallis." Retrieved from https://www.oregon.gov/ODOT/Programs/TDD%20Documents/Success-Story-Corvallis-Bike-Share.pdf.